

# **Consumer Lifestyles in the United Arab Emirates**

June 2024

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Scope

## CONSUMER LANDSCAPE

Consumer landscape in the United Arab Emirates 2024

#### PERSONAL TRAITS AND VALUES

Personal traits and values Emirati consumers take health and safety precautions when they leave home Millennials place higher priority on spending time with their partners Consumers feel it is important to experience other cultures Millennials feel strongest about the importance of spending money on experiences Voice of the consumer (1) Millennials are more optimistic about their future happiness Personal traits and values survey highlights

# HOME LIFE AND LEISURE TIME

Home life and leisure time Baby boomers are more likely to be playing video games than to be exercising at home Emirati consumers prefer socialising with friends in person Voice of the consumer (2) Younger generations are more inclined to seek energy efficient homes Gen Z most inclined to prefer homes in a safer area Emirati consumers seek relaxation when travelling Home life and leisure time survey highlights

## EATING AND DIETARY HABITS

Eating and dietary habits Most consumers in the UAE look for healthy ingredients in food and beverages Millennials and baby boomers say they don't have much time to cook Voice of the consumer Consumers in the UAE most regularly prepare their own meals Baby boomers most likely to have an allergy or food intolerance Millennials most willing to pay more for healthier food Eating and dietary habits survey highlights

#### WORKING LIFE

Working life Gen Z and baby boomers feel most strongly that their employers should be ethical Consumers want a job that allows for a strong work-life balance

#### WORKING LIFE

Voice of the consumer (2) Younger generations are most driven by a large salary Emirati consumers have entrepreneurial aspirations Working life survey highlights

#### HEALTH AND WELLNESS

Health and wellness Emirati consumers like to walk or hike for exercise Younger generations mainly seek out physical activity when stressed Emiratis consider health and nutritional properties to be the most influential product feature Millennials are most likely to own fitness wearables Health and wellness survey highlights

#### SHOPPING AND SPENDING

Shopping and spending Baby boomers expect to spend more on private label goods Voice of the consumer (3) Baby boomers much less likely to prefer quality over quantity compared to other generations Gen X seeks personalised shopping experiences Baby boomers and Gen Z most likely to fix instead of replace broken items Consumers often share/swap items or services Voice of the consumer (4) Baby boomers least likely to interact with companies on social media Younger consumers regularly use price comparison websites Consumers expect to increase spending on education the most Baby boomers more likely to cover daily expenses with credit Shopping and spending survey highlights

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