

Staple Foods in South Africa

November 2023

Table of Contents

Staple Foods in South Africa

EXECUTIVE SUMMARY

Staple foods in 2023: The big picture

Key trends in 2023

Competitive Landscape

Channel developments

What next for staple foods?

MARKET DATA

Table 1 - Sales of Staple Foods by Category: Volume 2018-2023

Table 2 - Sales of Staple Foods by Category: Value 2018-2023

Table 3 - Sales of Staple Foods by Category: % Volume Growth 2018-2023

Table 4 - Sales of Staple Foods by Category: % Value Growth 2018-2023

Table 5 - NBO Company Shares of Staple Foods: % Value 2019-2023

Table 6 - LBN Brand Shares of Staple Foods: % Value 2020-2023

Table 7 - Penetration of Private Label by Category: % Value 2018-2023

Table 8 - Distribution of Staple Foods by Format: % Value 2018-2023

Table 9 - Forecast Sales of Staple Foods by Category: Volume 2023-2028

Table 10 - Forecast Sales of Staple Foods by Category: Value 2023-2028

Table 11 - Forecast Sales of Staple Foods by Category: % Volume Growth 2023-2028

Table 12 - Forecast Sales of Staple Foods by Category: % Value Growth 2023-2028

DISCLAIMER

SOURCES

Summary 1 - Research Sources

Baked Goods in South Africa

KEY DATA FINDINGS

2023 DEVELOPMENTS

Another notable rise in average unit price drives down retail demand for packaged leavened bread

Health and wellness trend drives up demand for flat bread and fortified options

Gradual shifts in consumers' purchasing behaviour influences distribution

PROSPECTS AND OPPORTUNITIES

Packaged leavened bread will struggle to recover through retail due to elevated prices and competition from foodservice

Further retail volume demand for packaged cakes and dessert mixes, driven by further private label innovation and more frequent socialising

Health trends set to help expand baked goods in South Africa

CATEGORY DATA

Table 13 - Sales of Baked Goods by Category: Volume 2018-2023

Table 14 - Sales of Baked Goods by Category: Value 2018-2023

Table 15 - Sales of Baked Goods by Category: % Volume Growth 2018-2023

Table 16 - Sales of Baked Goods by Category: % Value Growth 2018-2023

Table 17 - Sales of Pastries by Type: % Value 2018-2023

Table 18 - NBO Company Shares of Baked Goods: % Value 2019-2023

Table 19 - LBN Brand Shares of Baked Goods: % Value 2020-2023

Table 20 - Distribution of Baked Goods by Format: % Value 2018-2023

Table 21 - Forecast Sales of Baked Goods by Category: Volume 2023-2028

Table 22 - Forecast Sales of Baked Goods by Category: Value 2023-2028

Table 23 - Forecast Sales of Baked Goods by Category: % Volume Growth 2023-2028

Table 24 - Forecast Sales of Baked Goods by Category: % Value Growth 2023-2028

Breakfast Cereals in South Africa

KEY DATA FINDINGS

2023 DEVELOPMENTS

Rising unit prices place pressure on affordability of breakfast cereals
Greater mobility outside of the home pushes innovation by category players
Discount strategies and bulk packaging to attempt to drive up volumes

PROSPECTS AND OPPORTUNITIES

Stagnation likely for breakfast cereals due to elevated prices and alternative options
Health and wellness to support interest in fortified breakfast cereals
Government calls for greater transparency over ingredients used in packaged foods

CATEGORY DATA

Table 25 - Sales of Breakfast Cereals by Category: Volume 2018-2023
Table 26 - Sales of Breakfast Cereals by Category: Value 2018-2023
Table 27 - Sales of Breakfast Cereals by Category: % Volume Growth 2018-2023
Table 28 - Sales of Breakfast Cereals by Category: % Value Growth 2018-2023
Table 29 - NBO Company Shares of Breakfast Cereals: % Value 2019-2023
Table 30 - LBN Brand Shares of Breakfast Cereals: % Value 2020-2023
Table 31 - Distribution of Breakfast Cereals by Format: % Value 2018-2023
Table 32 - Forecast Sales of Breakfast Cereals by Category: Volume 2023-2028
Table 33 - Forecast Sales of Breakfast Cereals by Category: Value 2023-2028
Table 34 - Forecast Sales of Breakfast Cereals by Category: % Volume Growth 2023-2028
Table 35 - Forecast Sales of Breakfast Cereals by Category: % Value Growth 2023-2028

Processed Fruit and Vegetables in South Africa

KEY DATA FINDINGS

2023 DEVELOPMENTS

Shelf stable beans enjoys robust growth through both retail and foodservice as an affordable source of protein
Various factors impacting weak performance by frozen processed potatoes
Affordable options from private label continue to attract price-sensitive consumers

PROSPECTS AND OPPORTUNITIES

Consumers expected to continue focusing on affordability to stretch household budgets
Home cooking and leftovers culture expected to continue
Digitalisation to continue driving better integration between fresh and pantry staples

CATEGORY DATA

Table 36 - Sales of Processed Fruit and Vegetables by Category: Volume 2018-2023
Table 37 - Sales of Processed Fruit and Vegetables by Category: Value 2018-2023
Table 38 - Sales of Processed Fruit and Vegetables by Category: % Volume Growth 2018-2023
Table 39 - Sales of Processed Fruit and Vegetables by Category: % Value Growth 2018-2023
Table 40 - Sales of Frozen Processed Vegetables by Type: % Value Breakdown 2018-2023
Table 41 - NBO Company Shares of Processed Fruit and Vegetables: % Value 2019-2023
Table 42 - LBN Brand Shares of Processed Fruit and Vegetables: % Value 2020-2023
Table 43 - Distribution of Processed Fruit and Vegetables by Format: % Value 2018-2023
Table 44 - Forecast Sales of Processed Fruit and Vegetables by Category: Volume 2023-2028
Table 45 - Forecast Sales of Processed Fruit and Vegetables by Category: Value 2023-2028

Table 46 - Forecast Sales of Processed Fruit and Vegetables by Category: % Volume Growth 2023-2028

Table 47 - Forecast Sales of Processed Fruit and Vegetables by Category: % Value Growth 2023-2028

Processed Meat, Seafood and Alternatives To Meat in South Africa

KEY DATA FINDINGS

2023 DEVELOPMENTS

Positive performance overall, but foodservice remains the more dynamic channel

Price pressures help strengthen private label's leading position in the category

Shelf stable seafood remains an important protein source

PROSPECTS AND OPPORTUNITIES

Dominance of private label will support positive outlook for chilled processed meat

Further dynamic growth predicted for meat and seafood substitutes as target audience expands

Regulations on meat and seafood substitutes likely to be clarified over forecast period

CATEGORY DATA

Table 48 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Volume 2018-2023

Table 49 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Value 2018-2023

Table 50 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: % Volume Growth 2018-2023

Table 51 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: % Value Growth 2018-2023

Table 52 - Sales of Shelf Stable Processed Red Meat by Type: % Volume Breakdown 2018-2023

Table 53 - Sales of Chilled Processed Red Meat by Type: % Volume Breakdown 2018-2023

Table 54 - Sales of Frozen Processed Red Meat by Type: % Volume Breakdown 2018-2023

Table 55 - Sales of Frozen Processed Poultry by Type: % Value Breakdown 2018-2023

Table 56 - Sales of Frozen Processed Seafood by Type: % Value Breakdown 2018-2023

Table 57 - NBO Company Shares of Processed Meat, Seafood and Alternatives to Meat: % Value 2019-2023

Table 58 - LBN Brand Shares of Processed Meat, Seafood and Alternatives to Meat: % Value 2020-2023

Table 59 - Distribution of Processed Meat, Seafood and Alternatives to Meat by Format: % Value 2018-2023

Table 60 - Forecast Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Volume 2023-2028

Table 61 - Forecast Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Value 2023-2028

Rice, Pasta and Noodles in South Africa

KEY DATA FINDINGS

2023 DEVELOPMENTS

Rice remains popular staple food in South African households due to affordability

Private label continues to gain ground from brands due to rising cost of living

Supermarkets remains dominant, but smaller distribution channels gain ground

PROSPECTS AND OPPORTUNITIES

Subdued retail performance for dried pasta as prices remain elevated

Price pressures and convenience are respective growth drivers of rice and instant noodles

Home cooking and leftovers culture expected to remain relevant

CATEGORY DATA

Table 62 - Sales of Rice, Pasta and Noodles by Category: Volume 2018-2023

Table 63 - Sales of Rice, Pasta and Noodles by Category: Value 2018-2023

Table 64 - Sales of Rice, Pasta and Noodles by Category: % Volume Growth 2018-2023

Table 65 - Sales of Rice, Pasta and Noodles by Category: % Value Growth 2018-2023

Table 66 - Sales of Instant Noodles by Leading Flavours: Rankings 2018-2023

Table 67 - NBO Company Shares of Rice, Pasta and Noodles: % Value 2019-2023

Table 68 - LBN Brand Shares of Rice, Pasta and Noodles: % Value 2020-2023
Table 69 - NBO Company Shares of Rice: % Value 2019-2023
Table 70 - LBN Brand Shares of Rice: % Value 2020-2023
Table 71 - NBO Company Shares of Pasta: % Value 2019-2023
Table 72 - LBN Brand Shares of Pasta: % Value 2020-2023
Table 73 - NBO Company Shares of Noodles: % Value 2019-2023
Table 74 - LBN Brand Shares of Noodles: % Value 2020-2023
Table 75 - Distribution of Rice, Pasta and Noodles by Format: % Value 2018-2023
Table 76 - Distribution of Rice by Format: % Value 2018-2023
Table 77 - Distribution of Pasta by Format: % Value 2018-2023
Table 78 - Distribution of Noodles by Format: % Value 2018-2023
Table 79 - Forecast Sales of Rice, Pasta and Noodles by Category: Volume 2023-2028
Table 80 - Forecast Sales of Rice, Pasta and Noodles by Category: Value 2023-2028
Table 81 - Forecast Sales of Rice, Pasta and Noodles by Category: % Volume Growth 2023-2028
Table 82 - Forecast Sales of Rice, Pasta and Noodles by Category: % Value Growth 2023-2028

About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- **Strategy Briefings:** Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- **Company Profiles:** Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- **Country Reports:** For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/staple-foods-in-south-africa/report.