

# HW Staple Foods in the Czech Republic

July 2024

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# HW Staple Foods in the Czech Republic - Category analysis

#### **KEY DATA FINDINGS**

#### 2023 DEVELOPMENTS

Consumers invest in health and wellness staple foods despite economic challenges

Gluten free leads health and wellness staple foods in 2023

Rising obesity concerns fuel interest in no salt staple foods and low sugar breakfast cereals

## PROSPECTS AND OPPORTUNITIES

Consumers to become more conscientious in their purchasing decisions as disposable income recovers, supporting sales in plant-based options High protein full of promise as consumers look to lead healthier and more active lives

Baked goods to benefit from expansion of fortified options, while current trends will continue to inform innovation in breakfast cereals

#### MARKET DATA

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## Health and Wellness in the Czech Republic - Industry Overview

#### **EXECUTIVE SUMMARY**

Health and wellness in focus

Consumer weight trends

Consumer diet trends

Health-related deaths

Blood pressure and cholesterol levels

Diabetes prevalence

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